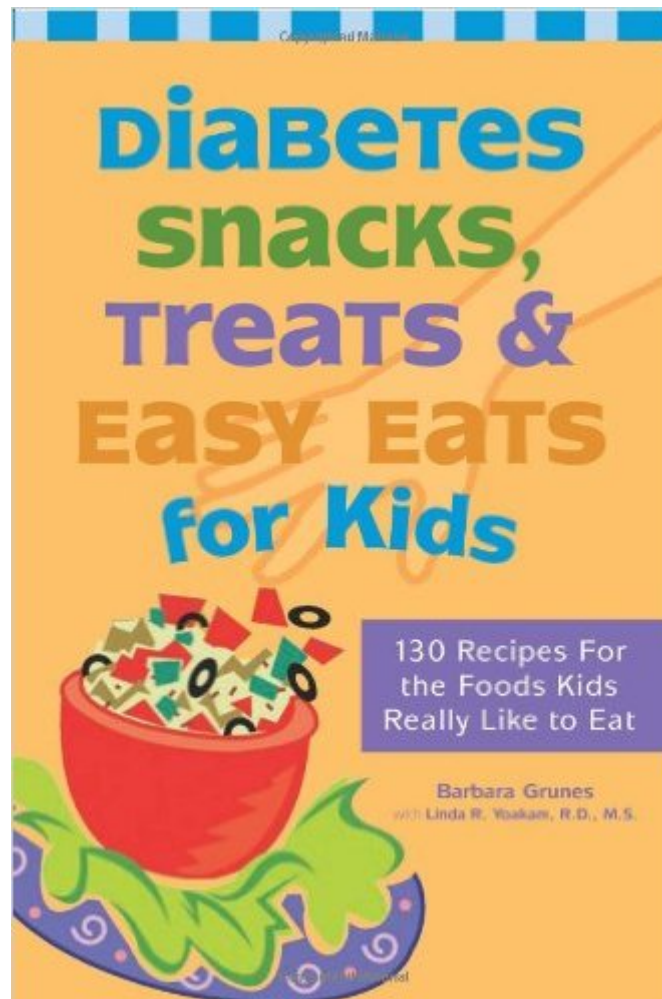


The book was found

Diabetes Snacks, Treats And Easy Eats For Kids: 130 Recipes For The Foods Kids Really Like To Eat



Synopsis

When children come home from school or sports, they want a snack. Not some gourmet meal, just something simple and tasty and quick to fix. For those with diabetes, these snacks can be especially hard to come by. And with incidence rates rising sharply — one in three American children born in the last five years is expected to become diabetic — itâ™s a problem more and more families are facing. This book offers a happy solution, with 130 recipes for the types of things youngsters really like to eat that are also healthy and help them stay within diabetic guidelines. It contains a wide array of choices for every meal of the day and to satisfy every hunger pang in between, with healthy renditions of favorites like Pizza Puffs, Chicken Nuggets, Taco Salad, Turkey Quesadillas, Puffy German Pancakes, Strawberry Sundae, Mini Chocolate Cupcakes, and many more.

Book Information

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Average Customer Review: 3.4 out of 5 starsÂ Â See all reviewsÂ (28 customer reviews)

Best Sellers Rank: #1,821,454 in Books (See Top 100 in Books) #97 inÂ Books > Teens > Hobbies & Games > Cooking #1275 inÂ Books > Cookbooks, Food & Wine > Special Diet > Diabetic & Sugar-Free

Customer Reviews

I am using this cookbook to give to families that have children with diabetes. I chose this cookbook because the recipes are not long and involved and do not use specialty ingredients. The recipes are short, nutritious and each is followed by nutritional data. It makes it very easy for the children to count their carbs! Great cookbook! Leah M., RN

I have found this book to be very helpful in taking some strain out of thinking what I can feed my 3 yr old Type 1 Diabetic son, especially at snack times. We all now how stressful meal times can get especially for working mums. What are we going to have? Carb counting, Is it healthy? so on and so

on. When searching for meal options on the net or magazines I was finding that most of the diabetic websites or magazines had recipes that were more suited for adults or type 2 diabetics not so much for Toddlers/children with type 1. This book provides a great variety of Tasty, healthy recipes suited to Children that the entire family can enjoy.

Great snack, breakfast, lunch, and dessert recipes all kids are sure to love! An easy and fun way to try new foods, too. Every recipe is made from a short list of ingredients and are quick to make for anyone short on time. I can't wait to eat everything in this book! My kids will be so happy eating, they won't notice they're eating healthy.

The digital copy cuts off the measurements for individual ingredients. This makes this version worthless. Do not waste your time.

My niece and I love this book! Recently diagnosed, my 9 year old niece was feeling discouraged, this book reminded her, there are lots of options!

This is a fun book. Some of these recipes are still a little complicated for little ones -- and not all are kids favorite foods. But overall, we will be using this frequently for my little, young grandson who has diabetes. (:)

When I bought this cookbook, I was looking for low-carb recipes for my son who has Type 1 diabetes, but I was disappointed to find that many of the recipes call for Splenda, which we choose not to use as a low-carb option. I do give it 3 stars though for a few inventive ideas, which I may use.

My child isn't a diabetic but I got this book because I wanted to make healthy foods for him. And this book has so many tasty recipes in it that even the pickiest child will dig in.

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